



Meet Our Staff!

Jennifer Ross has been the Child Care Resource Coordinator since November 2009. She has worked in the field of Early Childhood for 10 years as a Infant Teacher, Preschool Teacher, Parent Educator for at-risk families, and finally as a Developmental Specialist in the Early Intervention Program. Jennifer teaches the Professional Development System Orientation and the Quality Rating and Improvement System Orientation. She also does site visits for Group Child Care Providers and Centers. These visits address a host of topics varying from curriculum, child development, licensing information and the list goes on!

Tish Aguiar has been the Referral Specialist since September of 1999. She teaches parents to look for quality indicators when searching for that perfect child care for their child. She also is in constant communication with our child care programs to make sure their information is kept up to date.

Tish manages the IdahoSTARS Toy Lending Library, where child care providers can check out toys and teaching materials for their programs. Tish also teaches the Idaho Child Care Program (ICCP) orientation for child care providers.

Tami Scott has been our Relative and Family Child Care Consultant since October 2009. She has been in the field of Early Education for decades in a variety of roles. It is Tami's passion to see quality care and education in all childcare environments, to support providers to enjoy their roles in the lives of young children and to help them have successful businesses. Tami teaches New Provider Orientations at the Child Care Resource Center and does home visits for the Relative, In-home, Family and some of the Group Providers. These visits are to help Providers with issues they face and give them resources and support.



Summer Activities for Preschoolers

Picnics and Barbecue from www.preschoolrainbow.org/summer-activities.htm

Jasmine W. offers this preschool curriculum activity plan saying the objectives are, "To talk about the different types of food that are appropriate for a picnic, to learn about the different tools that adults use for a barbecue, to learn what foods can be put on a grill and to learn what items are needed for a picnic."

Activity Materials:

- A picnic basket filled with picnic items such as ketchup, mustard, utensils, paper plates, napkins, blanket and food items
- Empty ketchup and mustard bottles and yellow and red tempera paints
- Food magazines, paper, glue and scissors
- 3 to 4 bottles of different flavors of barbecue sauce e.g. honey mustard, teriyaki, zesty spice, etc. Slices of cucumbers or celery cut up into bite sized pieces

Description of activities:

Large Group Activity: During large group time, bring in a picnic basket and ask children what they think the basket is for? Ask what they think is inside the basket? Then select a few children, one at a time, to pick out something e.g. paper plates, cups, forks, spoons, ketchup, napkins, blanket, pictures of food appropriate for a picnic, etc. from the basket and talk about the items.

Art Activity: Ketchup and Mustard bottle painting: Fill ketchup bottles with thick red tempera paint and mustard bottles with thick yellow tempera paint. Let children create their own designs or drawings on construction paper.

Art Activity: Collage of picnic items, have them cut out pictures out of magazines and glue them on paper.

Nutrition / Math: Tasting different types of barbecue sauces. Children dip bite sized cucumbers or celery into the different sauces and tell which sauce they like best. Chart children's responses on a experience chart. Discuss which sauce has the most responses, which the least and why.

Flannel Board Fun: Summer Days (Reference: The Best of Totline Flannel Boards, page 270).

Books: A Picnic, Hurray! By: Franz Brandeberg and Barbar's Picnic By: Laurent deBrunhoff

Submit your own ideas to jjross@phd1.idaho.gov to be published in next quarter's newsletter!!!

Inside this issue:

Idaho Kid's Immunizations 2

Daycare Licensing Changes 2

Training 3

Summer Safety Tips from Safe Kids USA 3

Be a Super Star in IdahoSTARS! 4

Special points of Interest:

- New Provider Grant Opportunity
- Opportunity for making some extra cash
- Get a star rating!
- Find available trainings in our region

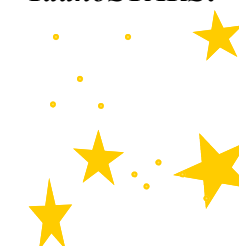
IdahoSTARS CCRC Region 1
Panhandle Health District
8500 N. Atlas
Hayden, ID 83835



WHAT YOU NEED TO KNOW IS WRITTEN IN THE IDAHOSTARS?



Be a Super Star in IdahoSTARS!



Yes, what you need to know to become a SuperSTAR in quality childcare is written in the IdahoSTARS! IdahoSTARS believes quality childcare matters! To help achieve the best in quality childcare for Idaho, IdahoSTARS is here to serve you. Getting any business started takes capital investment. Starting a business in childcare is no different. IdahoSTARS understands this can cause financial stress. To help new ICCP childcare providers, IdahoSTARS now offers a New Provider Orientation with an opportunity for a reimbursement grant to help pay for expenses such as licensing, criminal

history background checks, health inspection requirements, etc. Once you start your childcare business you can become star rated. IdahoSTARS now offers the Quality Rating and Improvement System (QRIS) to childcare providers. This system is similar to star rating systems we find for restaurants and motels. Being star rated tells consumers your business is professional and strives for quality. Grants are available to help improve your star rating as well. We have all felt the pinch of our current economic downturn. Many of us have thought about additional ways we can make ends meet. Do you have expertise in the field of early childhood development and education? Would you like to share your expertise while having a positive impact on the quality of

childcare in Idaho? If you have answered yes, IdahoSTARS has opportunities for you. If you like to design and implement trainings, you could become an IdahoSTARS trainer. Perhaps you prefer to work more one-on-one and would like to become an IdahoSTARS mentor. Or, maybe you see yourself as a detail oriented person who could use your skills to become an IdahoSTARS assessor. We have opportunities available, don't miss out! If you would like more information about available grants, star ratings, opportunities for professional development, etc., we would love to hear from you. Call the 2-1-1 Idaho CareLine and ask for Jen, Tami or Tish in Region 1 to learn more about how you can become an Idaho Super STAR!

Idaho's Kids Immunization, What to Do

By Mareva Kammeyer, R.N., Panhandle Health District

Many diseases such as polio and diphtheria are becoming very rare in the United States. Parents may ask "Why continue to vaccinate?" Compare it to bailing water out of a boat with a slow leak. When starting, the boat was full of water, but after bailing fast and hard, it is almost dry. If we throw away the bucket and relax, before long we will notice a little water seeping in and soon it will be back up to the same level as when we started. Unless we stop the leak, or eliminate the disease, it is important to keep immunizing. Even if there are only a few cases of disease today, if we take away the protection given by vaccination, more and more people will be infected and will spread disease to others. Soon we will undo the progress we have made over the years.

Diseases that once spread quickly and killed thousands are now largely controlled by vaccines. Vaccines are given early in life because many vaccine preventable diseases are more common and more deadly among infants and small children. The NIS (National Immunization Survey) measures a child age 19-35 months to see if their immunizations are up to date. The 2010 national goal is to have 80% of our kids up to date with certain vaccines.

The latest NIS survey completed has shown the state of Idaho to be the lowest ranking state in the nation for the percentage of its kids up to date with their immunizations. Only 57% of Idaho's children age 19-35 months of age are fully vaccinated. With the 2010 healthy people objective being 80%, Idaho has a long way to go.

Let's try to raise Idaho's Immunization rates. If your child or someone you know has a young child and is not up to date on their immunization, make an appointment at your doctor's office or the at the local health district for shots.

Kootenai County
8500 N Atlas
Hayden
208-415-5270

Shoshone County
114 W. Riverside
Kellogg
208-786-7474

Panhandle Health District Offices:

Boundary County
7402 Caribou
Bonners Ferry
208-267-5558

Benewah County
137 N. 8th St
St. Maries
208-245-4556

Bonner County
7402 Caribou
Bonners Ferry
208-267-5558

Idaho's children deserve the best in quality childcare

"All businesses – and particularly those that affect the lives and well being of our most vulnerable children – require some form of licensing and oversight."



Changes are all around us! The Child Care Resource Center is here to provide education and resources to help our providers understand the changes in Idaho's Daycare Licensing rules. We recently emailed a letter from Landis Rossi, Program Manager for Family and Community Services at Idaho Department of Health and Welfare. The letter outlined the Department's willingness to work with providers to help provide guidance and clarification on the daycare licensing rules that were passed on May 20th, 2010. Here are some of the highlighted changes:

Section 39-1107 of Idaho Code established a maximum licensing fee for a basic daycare license

Daycare Licensing Changes

not to exceed \$175 for daycare centers, \$100 for group daycare facilities and \$100 for a family daycare (family child care providers are still voluntarily licensed). Criminal history and background checks are the responsibility of the applicant and are based on the actual cost of the check.

Daycare fire inspection fees are payable to the local fire department or fire district official. The fire inspection fee cannot exceed \$25. The fire inspector fee will be deducted from the licensing fee payable to the Department with proof of the inspection and the amount paid.

Child care providers are required to count their own children (younger than 13 years of age) in their group size and ratio. Group size and ratio have also changed, call for details.

All owners, operators and staff of a daycare facility who have direct contact with children and all other individuals 13 years of age or older who have unsupervised direct contact with children and those who are regularly on the premises (more than 12 hours a month) of a daycare facility are required to have a criminal history background check conducted by the Department of Health and Welfare.

Please call us through the 2-1-1 CareLine or 1-800-926-2588 for comments, questions or concerns. If you do not have email, we would be happy to mail you the documents mentioned in this article.



Training Opportunities

Strengthening Families Modules

This training series teaches you how to partner with the parents of the children in your care in order to prevent child abuse and neglect. Take all or part of the 15 hour series (Series of 8 modules).

Saturday, July 10th.....9 am-4 pm.....\$20 per module
Modules 3, 4, and 5

Contact Ioana Siegler at 208-640-6355 for all module dates

Feeding Young Children in Group Settings

Saturday, June 26th.....9:00 am-11:00 am.....Call for Fees

Contact: Rosario Wohlsen at 208-409-7320

Strengthening Families Modules

Saturday, June 26th.....11:30 am –2:30 pm.....\$25

Contact: Rosario Wohlsen at 208-409-7320 for all module dates

IdahoSTARS Professional Development System Orientation

Learn about the PDS and what it can offer for child care providers. Orientation will include enrollment information for the State and Training Registry System as well as other exciting information!

Tuesday, June 22nd.....6:30-7:30 pm.....Free!

Thursday, July 15th.....10:00-11:00 am.....Free!

Wednesday, August 18th.....6:30-7:30 pm.....Free!

Contact: Jen Ross @ 2-1-1 OR 1-800-926-2588

Quality Rating and Improvement System (QRIS) Orientation

Intro to Idaho's voluntary system to rate and improve the quality of child care facilities. Learn what QRIS is, how to get involved and resources available to help improve your program.

Monday, June 14th.....6:30-8:00 pm.....Free!

Tuesday, July 13th.....10:00-11:30 am.....Free!

Thursday, August 19th.....10:00-11:30 am.....Free!

Contact: Jen Ross @ 2-1-1 OR 1-800-926-2588

ICCP Orientation

Learn how to register your business for Idaho's Child Care Subsidy Program (ICCP). Please contact Tish Aguiar for upcoming dates/times. You can also view the training schedule by visiting <http://jtc.idahostars.org/CalendarofEvents.aspx> or calling 2-1-1.

There is a box on the left hand side that says "statewide." Change that box to Region 1 so you may view the trainings in our area (the 5 northern counties).

Relative, Family, In-home and Group New Provider Orientation

Participants receive an overview concerning quality child care, business practices, tips for working with families, child development, emergency preparedness and an introduction to opportunities available through the IdahoSTARS Program. Please contact Tami Scott through the 2-1-1 CareLine for upcoming dates/times or go to the IdahoSTARS website to view the training calendar.

Exciting News!

You can now view your training transcripts and register for classes online by visiting www.idahostars.org and clicking on the training calendar!

Summer Safety Tips from Safe Kids USA

Five Truths About Children Who Drown:

You think that it could never happen to your family, but each year more than 800 children drown. These incidents are not only preventable, but predictable.

Here are 5 truths about children who drown and what you can do to help keep your children safe around water.

1. Weak or no supervision (Never, ever leave children unattended around water for any period of time)
2. No barriers around water (Fences, latching gates, etc. are needed around the body of water)
3. People have weak or no CPR Skills when a drowning occurs
4. Weak or no swimming ability of the child (Encourage families to enroll their children in swimming classes)
5. Lack of life jacket use for children

Bike Helmets: Necessity, Not an Accessory!

Did you know that bikes are associated with more childhood injuries than any other consumer product except automobiles? Sadly, child bicycling deaths increase 45% above the month average in the summer. With 27.7 million children riding bikes, we know there are too many of those kids riding without a helmet.

Make it a rule, every time your students ride a bike, they wear a helmet. It's the single most effective safety device available to reduce head injury and death from a bicycle crash. In order to maximize protection, ensure the helmet fits properly. A helmet should sit on top of the head in a level position, and should not rock forward, backward or side to side. The helmet straps must always be buckled, but not too tightly. If the child is reluctant to wear a helmet, try letting them choose their own.

For more information or for parent education resources, please visit www.safekids.org or call Sarah Nielsen (Safe Kids Kootenai County Coordinator) for Safe Kids information in the Coeur d'Alene area (208-666-2511).

